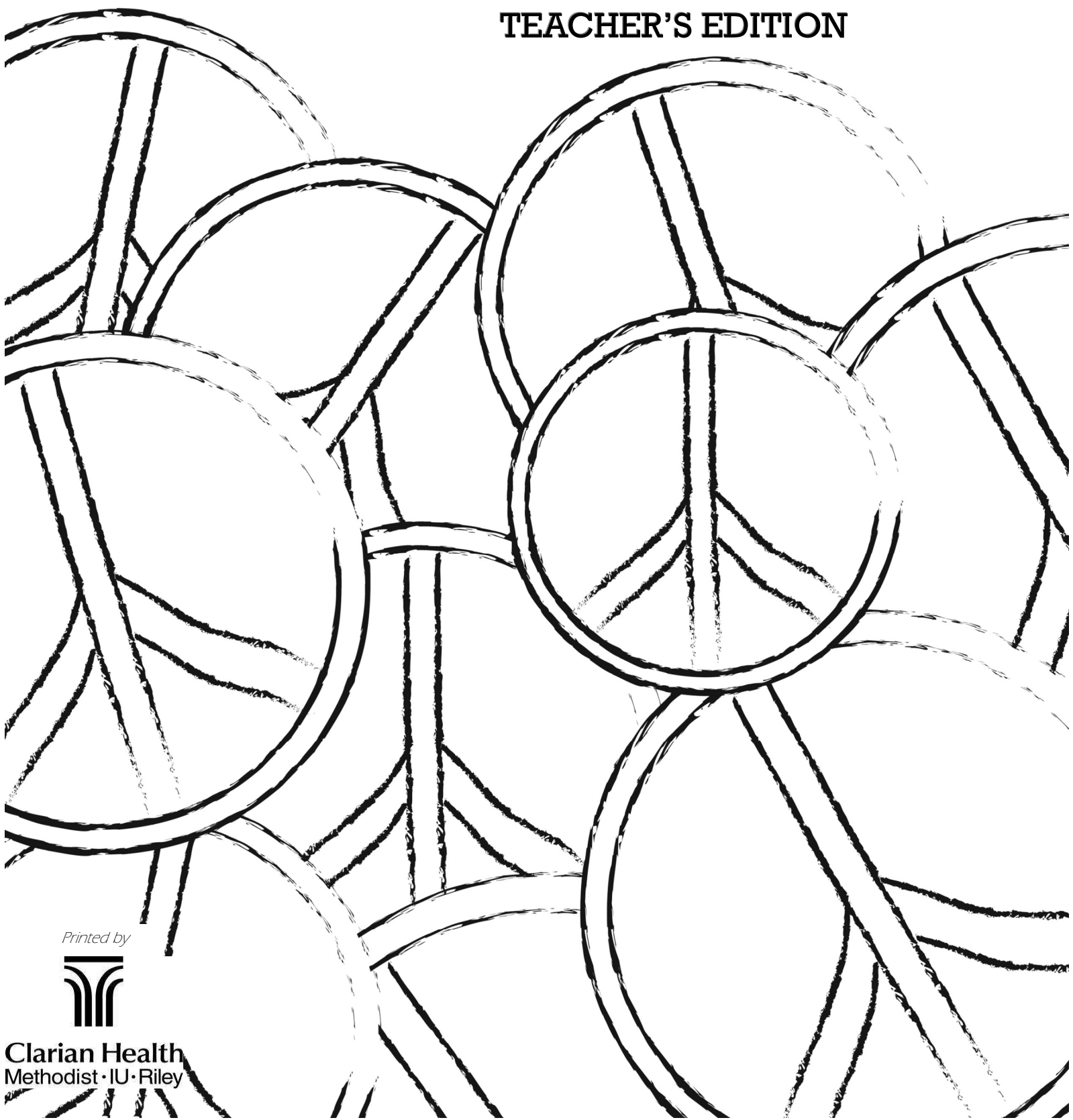




PEACE EDUCATION WORKBOOK

A PRACTICAL GUIDE TO PEACEMAKING
TEACHER'S EDITION



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PEACE EDUCATION WORKBOOK

Dear Friends,

Welcome! Being peaceful is very important to our community and our own well-being. Being peaceful is much more than just solving problems with other people. Although, that's an important part.

The purpose of this workbook is to help you learn how and why to be a peacemaker. In order to make peace we must have two things: knowledge and willingness. This workbook shares the knowledge you need to be a peacemaker. Now all you need is the willingness to make peace.

Each page introduces a skill or concept that can be used to create more peace within a community. Workbook lessons are self-directed and reflect many of the skills and concepts taught in the Peace Education program for fourth and fifth graders.

Peace Learning Center was founded in 1997, and since then has impacted more than 100,000 youth, teachers and parents.

PEACEFULLY YOURS,

Your Friends at Peace Learning Center

www.peacelearningcenter.org

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**City of
Lawrence
Parks and
Recreation**

PEACE EDUCATION WORKBOOK

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PREPARING TO BE A PEACEMAKER



WHAT DOES PEACE MEAN TO YOU?

In order to make peace we must have knowledge and willingness. With this workbook and the knowledge you already have you will soon know how to make peace. Then all you need is the willingness! Before you start the activities in this workbook think about what peace means to you and fill out this page.

MY NAME IS _____



MY SCHOOL IS _____

I THINK PEACE IS...

Draw a picture or write about what peace means to you!



A large, empty rectangular box with rounded corners, intended for drawing or writing about the meaning of peace.

PREPARING TO BE A PEACEMAKER



PEACEFUL BEHAVIORS

Use your brain to pick out and circle all the peaceful behaviors. Draw an X on each word that is not a peaceful behavior and replace it with something else that might bring more peace to your community.

A Positive Attitude

Words in the thought bubble:

- ~~Negativity~~ (circled)
- Acceptance (circled)
- Violence (circled)
- Creativity (circled)
- Gentleness (circled)
- Cruelty (circled)
- Compassion (circled)
- Honesty (circled)
- Dignity (circled)
- Forgiveness (circled)
- Lying (circled)
- Sensitivity (circled)
- Distrust (circled)
- Understanding (circled)
- Selfishness (circled)
- Respect (circled)
- Patience (circled)
- Cooperation (circled)
- Caring (circled)
- Hostility (circled)
- Courage (circled)
- Hatred (circled)
- Blaming (circled)
- Aggressiveness (circled)
- Jealousy (circled)
- Openness (circled)
- Judging (circled)
- Listening (circled)
- Teasing (circled)



PREPARING TO BE A PEACEMAKER



THE SIX PILLARS OF CHARACTERSM

from CHARACTER COUNTS!SM

CORE VALUES



1 Trustworthiness

Be Honest * Don't deceive, cheat or steal * Be reliable — do what you say you'll do * Have the courage to do the right thing * Build a good reputation * Be loyal — stand by your family, friends and country

2 Respect

Treat others with respect; follow the Golden Rule * Be tolerant of differences * Use good manners, not bad language * Be considerate of the feelings of others * Don't threaten, hit or hurt anyone * Deal peacefully with anger, insults and disagreements

3 Responsibility

Do what you are supposed to do * Persevere: keep on trying! * Always do your best * Use self-control * Be self-disciplined * Think before you act — consider the consequences * Be accountable for your choices

4 Fairness

Play by the rules * Take turns and share * Be open-minded; listen to others * Don't take advantage of others * Don't blame others carelessly

5 Caring

Be kind * Be compassionate and show you care * Express gratitude * Forgive others * Help people in need

6 Citizenship

Do your share to make your school and community better * Cooperate * Get involved in community affairs * Stay informed; vote * Be a good neighbor * Obey laws and rules * Respect authority * Protect the environment

PREPARING TO BE A PEACEMAKER



THE SIX PILLARS OF CHARACTERSM

from CHARACTER COUNTS!SM

WHEN HAVE YOU USED THESE CORE VALUES?



1. Describe a time that you showed a friend you were trustworthy.

2. When have you shown respect to a family member?

3. Describe a time you had to be responsible.

4. What are some ways that you have tried to treat others fairly?

5. How have you cared for others?

6. What have you done to improve your community through citizenship?
